Grunchy Gookies

INGREDIENTS

Makes 15 Cookies

1 Cup Self Raising Flour

2 Cups Corn Flakes

6 Tbsp (90g) Reduced Fat Margarine

1/3 Cup Sugar

1 Egg White

½ Cup Choc Chips

2 Tbsp Desiccated Coconut

2 Tbsp Skim Milk



METHOD

Prebeat oven 180oC.

İn a large mixing bowl, cream margarine and sugar.

Add in egg white and beat, fold in coconut, choc chips, flour and milk, mix together.

Fold in corn flakes until ingredients are combined.

Drop a dessertspoon of mixture onto a baking tray that has been coated with cooking spray. Flatten each cookie.

Bake 20 minutes or until golden brown. Cool on wire rack.